



# Natasha L. Foreman

A Southern California native, Natasha started her first business at around the age of 10, buying and reselling novelty-writing supplies to her classmates. By the time she was age 15 she had a babysitting business. She attended California State University, Long Beach, majoring in Black Studies (now known as "Africana Studies").

While in college she started her own fitness training company and she entered the music industry at the age of 20, working as a Senior VP of Business Affairs. Before she knew it Natasha became a Personal Manager and Entertainment Consultant (something that she continued for 16 years, until 2013), where she spent most of her days living and breathing contracts, and surrounded by music!

Natasha is the CEO and Managing Consultant for Foreman & Associates, LLC, a management consulting and business support services firm. She is the Co-Founder and Chief Global Strategist at Storiboard Nation LLC, a tech startup focused on connecting teens and young adults to positive role models around the world. She is also honored to serve as an Adjunct Professor at Purdue University Global and Atlanta Technical College, where she teaches several business courses (such as introduction to management, business ethics, and human resource management).

Natasha is launching a series of business courses for individuals and organizations through her company, Foreman & Associates, to provide affordable and easily accessible training and insight to anyone interested in learning more about business, management, leadership, administrative support, and more. She is also in the process of writing two books, one focused on business and management, and the other (which was inspired by her blog "Breaking Bread With Natasha") is focused on personal and spiritual growth.

In addition to her BA degree that she earned from CSU Long Beach, Natasha also earned her MBA with a concentration in Marketing from Kaplan University; she holds a Post-Masters Certificate in College Teaching, and is currently completing her dissertation for her PhD in Organization and Management with a concentration in Management Education.

When she's not working, she's investing back into the community. As Natasha says, "Life is too short to give it half of your effort!" so she's determined to give her all each day to her family, community, business, and students. Since 1989 Natasha has been a guest speaker at various business, community and educational events for youth and adults. Natasha serves on the board of several organizations, mentors several young women and men ages 14-35, and works to serve as a sponsor for their future endeavors.

Throughout the year you can find Natasha in organizations and classrooms speaking about business, entrepreneurship and intrapreneurship, self-esteem and self-empowerment, financial literacy and dignity—and of course, her life story and the challenges she had and still overcomes.